



MAISON
DE L'ENFANCE

For families who reside in the borough of Saint-Laurent

SUMMER 2026

JUIN 8TH TO AUGUST 28TH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 a.m. to 12 p.m. Breastfeeding Drop-In  	9 a.m. to 12 p.m. Parent-Child Drop-In Play Group <i>Parent - Children 0-5 years old</i> 		9 a.m. to 12 p.m. Parent-Child Drop-In Play Group <i>Parent - Children 0-5 years old</i> 	9 a.m. to 12 p.m. Parent-Child Drop-In Play Group <i>Parent - Children 0-2 years old</i> 	
			10 a.m. to 12:30 p.m. Shared moments <i>Pregnant Women</i>  		
1 p.m. to 3 p.m. Pause & symbiosis <i>Pregnant Women</i> 		Wednesday Outings in the Neighborhood Schedule and locations to be determined		Friday Family Activities Schedule and locations to be determined	Weekend Family Activities Schedule and locations to be determined
  MEDICAL PRENATAL FOLLOW-UP	 Birth preparation <i>Individual or couples. Date to be defined.</i>		 Accompaniment at birth <i>Individual or couples. Date to be defined.</i>		 POSTPARTUM SUPPORT <i>Home service, support with baby</i>



Drop-in activity (without registration or reservation)



Périnatal activity



Important information in the workshop's description



Activity offered upon referral to families residing in the Bordeaux-Cartierville borough

WORKSHOPS' DESCRIPTIONS

-  **Accompaniment at birth** individual or couple
Registration required
 Get ready to welcome your new baby. Share thoughts, resources & exercises to fully experience pregnancy & childbirth.
-  **Birth preparation.** Individual or couples
Registration required
 Sharing experiences, resources and body tools to successfully experience pregnancy and birth as a couple.
-  **Parent-Child Drop-In Play Groups 0-2 and 0-5 years old**
 Come meet other parents & have a playful time with your child
 ★ **Closed from June 8th to June 19th inclusive**
 ★ **Closed from August 24th to August 28th inclusive**
-  **Activité familiale du mercredi, vendredi et de fin de semaine** *Inscriptions en ligne*
 Call ext. 521 and provide your email address to sign up.
-  **Breastfeeding Drop-In with Nourri Source.**
 ★ **At the Maison De L'Enfance Every Monday**
 ★ **At 1405 Blvd. Henri Bourassa Ouest**
Thursdays: juin 8th, juin 15th and juin 22nd
 A cozy drop-in for mothers, fathers, partners, in the presence of a breastfeeding coach & a licensed breastfeeding consultant.
 ★To obtain a full consultation, it is important to arrive at 9:30.
-  **Pause et Simbiosis** *Registration required*
 A place to tame pregnancy and share your unique experience. Childcare available on request only.
-  **Shared moments** *Registration required*
 You are pregnant? Come meet other future moms around coffee and breakfast. Childcare is available on request only.
Dates : June 4th, July 2nd, August 6th

SERVICES OFFERED

-  **OUTREACH WORKERS 0-5 YEARS**
 For information & resources for parents, contact:
 - **Maguette Niane**
514 333-8989 ext 534 or 438 926-3629
 - **Mériel Bruer Benamra**
514 333-8989 ext 534 or 438-926-3819
Agent for pregnant women and families with precarious status
-  **BAZAR** *Registration online*
 Call ext. 521 and provide your email address to receive the information and register.
Dates: 18th of June and 20th of august
-  **BABY EQUIPMENT LOAN**
 Borrow baby & child equipment at no cost.
-  **MEDICAL PRENATAL FOLLOW-UP**
 Are you pregnant? Are you going through a difficult time?
 Call us!
-  **POSTPARTUM SUPPORT** *Reference only*
-  **NEW PARENTS CALL IN HOTLINE**
 Wednesdays from 1 p.m. to 4 p.m. at 514-333-8989 ext. 320

CLOSED:
Thursday June 11th
Wednesday Juin 24th
Wednesday July 1st



Come see us !



A Wide Range of free activities!

1159 Sainte Croix avenue, 2nd floor
In the back of the parking lot of the
CLSC of Saint Laurent
Buses 121 and 171

Information & registration

514 333-8989 ext. 521
CPS@aucoeurdelenfance.ca